Blest are You, God of all creation, thanks to Your goodness this bread we offer: fruit of the earth, work of our hands, it will become the bread of life.

Blessed be God! Blessed be God! Blessed be God forever! Amen! Blessed be God! Blessed be God! Blessed be God forever! Amen!

Blest are You, Lord, God of all creation, thanks to Your goodness this wine we offer: fruit of the earth, work of our hands, it will become the cup of life.